

BRIEF ICF CORE SET for OBSTRUCTIVE PULMONARY DISEASES

BODY FUNCTIONS = physiological functions of body systems (including psychological functions)	
b440	Respiration functions
	<p>Functions of inhaling air into the lungs, the exchange of gases between air and blood, and exhaling air.</p> <p><i>Inclusions: functions of respiration rate, rhythm and depth; impairments such as apnoea, hyperventilation, irregular respiration, paradoxical respiration and bronchial spasm and as in pulmonary emphysema.</i></p> <p><i>Exclusions: respiratory muscle functions (b445); additional respiratory functions (b450); exercise tolerance functions (b455)</i></p>
b450	Additional respiratory functions
	<p>Additional functions related to breathing, such as coughing, sneezing and yawning.</p> <p><i>Inclusions: functions of blowing, whistling and mouth breathing</i></p>
b455	Exercise tolerance functions
	<p>Functions related to respiratory and cardiovascular capacity as required for enduring physical exertion.</p> <p><i>Inclusions: functions of physical endurance, aerobic capacity, stamina and fatigability</i></p> <p><i>Exclusions: functions of the cardiovascular system (b410-b429); haematological system functions (b430); respiration functions (b440); respiratory muscle functions (b445); additional respiratory functions (b450)</i></p>
b460	Sensations associated with cardiovascular and respiratory functions
	<p>Sensations such as missing a heart beat, palpitation and shortness of breath.</p> <p><i>Inclusions: sensations of tightness of chest, feelings of irregular beat, dyspnoea, air hunger, choking, gagging and wheezing</i></p> <p><i>Exclusion: sensation of pain (b280)</i></p>

BODY STRUCTURES

= anatomical parts of the body such as organs, limbs and their components

s410	Structure of cardiovascular system
s430	Structure of respiratory system

ACTIVITIES AND PARTICIPATION

= execution of a task or action by an individual and involvement in a life situation

d230	Carrying out daily routine
	<p>Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day.</p> <p><i>Inclusions: managing and completing the daily routine; managing one's own activity level</i></p> <p><i>Exclusion: undertaking multiple tasks (d220)</i></p>
d450	Walking
	<p>Moving along a surface on foot, step by step, so that one foot is always on the ground, such as when strolling, sauntering, walking forwards, backwards or sideways.</p> <p><i>Inclusions: walking short or long distances; walking on different surfaces; walking around obstacles</i></p> <p><i>Exclusions: transferring oneself (d420); moving around (d455)</i></p>
d455	Moving around
	<p>Moving the whole body from one place to another by means other than walking, such as climbing over a rock or running down a street, skipping, scampering, jumping, somersaulting or running around obstacles.</p> <p><i>Inclusions: crawling, climbing, running, jogging, jumping and swimming</i></p> <p><i>Exclusions: transferring oneself (d420); walking (d450)</i></p>
d640	Doing housework
	<p>Managing a household by cleaning the house, washing clothes, using household appliances, storing food and disposing of garbage, such as by sweeping, mopping, washing counters, walls and other surfaces; collecting and disposing of household garbage; tidying rooms, closets and drawers; collecting, washing, drying, folding and ironing clothes; cleaning footwear; using brooms, brushes and vacuum cleaners; using washing machines, driers and irons.</p> <p><i>Inclusions: washing and drying clothes and garments; cleaning cooking area and utensils; cleaning living area; using household appliances, storing daily necessities and disposing of garbage</i></p> <p><i>Exclusions: acquiring a place to live (d610); acquisition of goods and services (d620); preparing meals (d630); caring for household objects (d650); caring for others (d660)</i></p>

ENVIRONMENTAL FACTORS	
= make up the physical, social and attitudinal environment in which people live and conduct their lives	
e110	Products or substances for personal consumption
	Any natural or human-made object or substance gathered, processed or manufactured for ingestion. <i>Inclusions: food and drugs</i>
e115	Products and technology for personal use in daily living
	Equipment, products and technologies used by people in daily activities, including those adapted or specially designed, located in, on or near the person using them. <i>Inclusions: general and assistive products and technology for personal use</i>
e225	Climate
	Meteorological features and events, such as the weather. <i>Inclusions: temperature, humidity, atmospheric pressure, precipitation, wind and seasonal variations</i>
e260	Air quality
	Characteristics of the atmosphere (outside buildings) or enclosed areas of air (inside buildings), and which may provide useful or distracting information about the world. <i>Inclusions: indoor and outdoor air quality</i>